

Parent/Guardian Information Sheet (Messages of Hope)

Project Title: Hope and Resilience in Young Australians

Project Summary:

Researchers from the [Young and Resilient Research Centre](#) (at Western Sydney University) are working with young people to explore their hopes in different areas of their future, like study, work, health, wellbeing, environment and social life. We want to learn about what they are hopeful for, what influences their hopefulness, and what can help them be more hopeful about the future so that greater support can be given to other young people, now and into the future.

How is the study being paid for?

The [Centre for Resilient and Inclusive Societies](#) (CRIS) is funding this project.

What will my young person be asked to do?

We've invited your young person to create a video, audio, image or written file (no longer than 2 mins) sharing a Message of Hope with other Australians.

How much of my child's time will he/she need to give?

It's up to your young person! They can spend as much or as little time as they would like.

What benefits will my child, and/or the broader community, receive for participating?

Your young person's views and ideas are very important. Their Message of Hope will add to and support the data we collect in the *Hope and Resilience in Young Australians* survey. These research pieces help researchers and policy makers, including governments, understand what makes young people feel hopeful. We also plan to share these messages with other young Australians via our networks to inspire them to be more hopeful about the future.

There are twelve \$100 vouchers from Student Edge up for grabs! Prizes will be awarded to:

- The **Most Creative Message** – one prize in each category of text only, image only, audio only and video files.
- The **Most Thoughtful Message** – one prize in each category of text only, image only, audio only and video files.
- The **Most Innovative Message** – one prize in each category of text only, image only, audio only and video files.

For your child's entry to be considered, we need to receive your consent to entry by the close of competition date: **9th Feb 2024**.

A short list will be compiled by our research team, with winners chosen by youth ambassadors associated with the Young and Resilient Research Centre.

Judging criteria are listed at the end of this document. Judges' decisions will be final. Everyone will receive a certificate of participation.

Will the study involve any risk or discomfort for my child? If so, what will be done to rectify it?

Your young person is in charge of their Message of Hope. We don't expect it to make them feel uncomfortable. If it does, they can always stop with no questions asked.

Your young person can decide if they want to be identifiable in their Message of Hope, including whether they would like to be identified by name (or pseudonym) as the creator of their Message. We encourage you to talk to them about this and any other risks involved in submitting their Message (including identifiability, such as landmarks, school names/uniforms, street signage), and take proactive action over any aspects you may feel worried about.

We will be compiling the messages we receive and sharing them in public online platforms, such as on our social media channels and website. Messages will also be considered and analysed as anonymous data which may be shared in our research outputs, such as in public research reports, and in books or articles.

Winning entries will be compiled in a short video that will be made publicly available online.

What is extended consent?

You have been asked to agree to extended consent. When you agree to extended consent, it means that you agree that your young person's data, as part of a larger dataset (the information collected for this project), can be re-used in projects that are:

- an extension of this project
- closely related to this project
- in the same general area of this research

Western Sydney University and government policy encourage the use of extended consent because collecting information for research can be a burden for participants and cost time and money. Sharing data with other researchers gives the chance for others to use the data with new insight, and increase understanding in this research area. By giving your consent you are allowing your child's data to be used by researchers at CRIS and Y&R at Western Sydney University for other similar research. The re-use of the data will only be allowed after an ethics committee has agreed that the new use meets the requirements of ethics review.

How are the results intended to be published or disseminated?

We plan to share the results of this research project in a project report, in youth-generated digital content, and in 1-2 academic journals. Any quotes or content generated by your young person will not include their name, unless both you (as parent/guardian) *and* your young person choose otherwise, in which case we will attribute your young person's Message of Hope to them using the artist's name they submit with their Message of Hope. As well as the above project outputs, the Messages of Hope may be compiled and shared online via our website and social media channels to inspire other young people and policy makers.

How will the data and information that my child provides be disposed of?

Your young person's data will be held securely and managed under a detailed Data Management Plan. The stored data available for re-use will not have information in it that makes your child identifiable. The researchers want to keep the data for 5 years for possible re-use. After this time the data will be securely destroyed.

Can I withdraw my child from the study? Can my child withdraw from the study?

Your child's participation is entirely voluntary, and they do not have to be involved. Your child may decide not to take part at any time, or you may withdraw your child. However, once we have released the compiled messages of hope, we will not be able to withdraw them from the public domain.

What if I require further information?

You are welcome to discuss the project further with the researchers before deciding if you agree.

Ms Sarah Bacaller

Research Officer

Young and Resilient Research Centre

Western Sydney University

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Privacy Notice

Western Sydney University staff and students conduct research that may require the collection of personal and/or health information from research participants.

The University's Privacy Policy and Privacy Management Plan set out how the University collects, holds, uses and discloses personal or health information. Further details about the use and disclosure of this information can be found on the [Privacy at Western Sydney webpage](#).

What if I have a complaint?

If you have any complaints or concerns about the ethical conduct of this research, you may contact the Ethics Committee on Tel +61 2 4736 0229 or email humanethics@westernsydney.edu.au

Any issues you raise will be treated in confidence and investigated fully, and you will be informed of the outcome.

This study has been approved by the Western Sydney University Human Research Ethics Committee. The Approval number is H15624.

The judging criteria

A shortlist of all the submissions will be selected by the research team from the Young and Resilient Research Centre. The judging panel will consist of three youth ambassadors (under 25) associated with the Young and Resilient Research Centre.

Here are the categories and the criteria we will use to shortlist and select winners:

Category 1: The **Most Creative Message** in each category of text / audio / video / image
4 winners

1. **Creativity:** Does the response demonstrate a high level of creativity and innovation? Judges will consider the use of metaphors, storytelling techniques, visual elements, or any other creative elements that make the response stand out.
2. **Clarity:** Is the response clear in conveying its message about hope? Judges will assess if the response effectively communicates its intended meaning and connects with the theme of hope.
3. **Engagement:** Judges will consider how engaging and captivating the response is. Does it draw the audience in, making them want to explore the concept of hope further?
4. **Originality:** The submission must be accompanied by a signed originality statement stating that the submission is an original piece of work created from scratch or combining creative commons-licensed, found materials (See accompanying flyer for a description of what creative commons-licensed, found material is and how to find it)
5. **Length:** Audio or audiovisual submissions must be no longer than 2 minutes (120 seconds) long to qualify.

Category 2: The **Most Thoughtful Message** in each category of text / audio / video / image
4 winners

1. **Thought provoking:** How effectively does the response evoke emotions and prompt thought related to hope? Judges will consider whether the response conveys

deep thinking about the issue of hope and leaves a lasting impression on the reader or audience.

2. **Clarity:** Is the response clear in conveying its message about hope? Judges will assess if the response effectively communicates its intended meaning and connects with the theme of hope.

3. **Engagement:** Judges will consider how engaging and captivating the response is. Does it draw the audience in, making them want to explore the concept of hope further?

4. **Originality:** The submission must be accompanied by a signed originality statement stating that the submission is an original piece of work created from scratch or combining creative commons-licensed, found materials (See accompanying flyer for a description of what creative commons-licensed, found material is and how to find it)

5. **Length:** Audio or audiovisual submissions must be no longer than 2 minutes (120 seconds) long to qualify.

Category 3: The **Most Innovative Message** in each category of text / audio / video / image
4 winners

1. **Innovation:** How unique and innovative is the response? We're looking for fresh perspectives and out-of-the-box thinking that can inspire and captivate.

2. **Clarity:** Is the response clear in conveying its message about hope? Judges will assess if the response effectively communicates its intended meaning and connects with the theme of hope.

3. **Engagement:** Judges will consider how engaging and captivating the response is. Does it draw the audience in, making them want to explore the concept of hope further?

4. **Originality:** The submission must be accompanied by a signed originality statement stating that the submission is an original piece of work created from scratch or combining creative commons-licensed, found materials (See accompanying flyer for a description of what creative commons-licensed, found material is and how to find it)

5. **Length:** Audio or audiovisual submissions must be no longer than 2 minutes (120 seconds) long to qualify.

Judges decisions will be final. No arguments! ☺

